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Nov 24, 2014 This app distills the new US Army PRT manual into an easy-to-use portable system. Army Study Guide . ForceReadiness.com. Pocket Prep, Inc.

### **Prt: the army's new road map for physical**

Aug 29, 2010 U.S. Army Physical Fitness School rewrites the Army's manual on physical readiness training Training Circular 3-22.20, Army Physical Readiness Training

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